

Co umíme

poslední aktualizace:

05.09.2025

Aktuální informace vždy na: www.grasshoppers.cz

Dále nabízíme ke stažení příručku s popisem a vysvětlením většiny zde vyučovaných figur v češtině

Datum	Cha-cha/Rumba	Waltz, Foxtrot	Jive	Two-step
	Butterfly position (BFLY)	waltz away and together	basic, chasse	2 forward 2 step
	Open position (OP)	2 forward waltzes	change L to R, R to L	2 turning 2 step
	Walk cha	twirl vine, thr fc close	change hnds beh back	face to face, bk to bk
	Circle cha	solo roll 6	R trn fallaway	circle away and together
	Basic	Semi closed position (SCP)	link rock	walk 4
	back break to OP	canter	fallaway throwaway	twirl2, walk 2
	apart, point, together, toe	balance L and R	american spin	open vine 4
	Hand to hand	pickup	shoulder shove	box, reverse box
	New yorker	close position (CP)	jive walks	double hitch
	Spot turn	2 left turning waltz	4 swivel	2 side closes, sd thru
	Cucaracha	maneuver, spin maneuver	windmill turn	scissors thru
	Fence line	2 right turning waltz	spanish arms	
	Chase, chasse peek-a-boo	box, reverse box	pretzel wrap, unwrap	
	Shoulder to shoulder	dip back, recover	double rock	
	Aleman + lariat	L turning waltz box		
	1/2 basic, whip	vine 3, 6		
	sliding doors	FOXTROT		
	open break to BFLY	forward, run 2		
	underarm turn	feather		
	basic to fan, alemana	three step		
	time step	diamond turn		
	crab walks	spin turn		
	aida, switch cross	box finish		
	hockeystick	change sides		
		whisk		
		thru, chasse to XXX		